



UnitedHealth AlliesSM Savings Bulletin:

Long-Term Care

Relief for you – and for your wallet

Providing ongoing care for a family member can be both stressful and costly. With savings of five to 30 percent on a variety of long-term care services, UnitedHealth AlliesSM can help make life a little easier for your loved one and for you. Your UnitedHealth Allies discount enables you to save on care for you, your spouse, your dependent children — even your parents, grandparents and in-laws.

Save as much as 30 percent on these long-term care services:

Homemaker services – Sometimes, getting in-home help with chores like shopping and light housekeeping may be all your elderly loved one needs to continue living independently.

Home health care – Save on home medical care from professionals, including registered nurses and therapists.

Nursing and assisted living facilities – Save on traditional nursing facilities and on home-like assisted living facilities, which offer a degree of independence combined with a trained and attentive staff.

Adult day care – Generally open only during daytime hours, this service provides a safe and stimulating environment for those in need of long-term care.

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It just makes sense.SM

Hospice care – In addition to enabling terminally ill patients to spend their final days with family and without pain, hospice care provides emotional support to the patient’s families.

Respite care for caregivers — Whether in need of a vacation or a “break,” these programs supply temporary care for the in-need individual, allowing care-takers some much needed time off.

Need assistance with long-term care?

To locate a UnitedHealth Allies long-term care provider or facility near you, call **1-800-860-8773** or log onto **www.unitedhealthallies.com**. If you’re a first-time user, follow the instructions to create an online account using the member number on your UnitedHealth Allies ID card or UnitedHealthcare medical ID card.

Did You Know?

Nearly 10 million Americans today need some form of long-term care.¹ That number is expected to rapidly rise as the “baby boomer” generation ages. The costs associated with long-term care are high: The annual cost of nursing home care is greater than \$50,000.² Nursing services provided in the home can be equally costly. In most cases, individuals — not public or private insurance — are responsible for paying for long-term care.



¹ S. Rogers and H. Komisar, Who Needs Long-term Care? Georgetown University Long-term Care Financing Project Fact Sheet, May 2003

² Linking Reverse Mortgages and Long-Term Care Insurance, Brookings Institution, March 2004

UnitedHealth Allies is a program that offers discounts on health products/services to UnitedHealthcare enrollees. It is not an insurance product, but is offered to existing enrollees of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to encourage their participation in wellness programs.

Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. Therefore, some services may not be included in the program due to state regulations.